VERONA (ITALY), 27-30 JUNE 2018

INNOVATIVE AND INTEGRATED APPROACHES TO PROMOTE MENTAL AND PHYSICAL HEALTH

6TH ANNUAL SCIENTIFIC CONFERENCE OF THE EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE · EAPM ·

SECOND ANNOUNCEMENT (update February 1st)

www.eapmverona2018.com

FEBRUARY 16, 2018

NEW DEADLINE FOR ABSTRACT SUBMISSIONS!
Physical and mental illnesses interact mutually and share common risk factors with not only additive but also synergistic effects. Comorbidity is a complex event for its numerous clinical and socio-environmental implications. Up to 25% of patients with chronic illness also suffer from comorbid mental disorders, even higher rates of comorbidity are seen for specific conditions (e.g. cancer, neurological disorders). Doctors tend to concentrate on symptoms and organs, underestimating the importance of mental health problems, especially when they accompany a serious physical illness. This is largely in the belief that the mental health issues, as simple corollaries of the major disease, are destined to disappear with the improvement of the physical disease. On the other hand, psychiatrists, physicians for psychosomatic medicine and psychotherapy, and psychologists may be similarly reluctant to deal with medical comorbidities in their patients. Such poor attention paid to the interplay between physical and mental disorders impacts negatively in terms of health and social costs, because of intensive, excessive or inappropriate use of resources as well as indirect costs (decrease in productivity, disability, reduced quality of life). These costs would be avoidable with the implementation of integrate and innovative interventions addressing effectively bio-psycho-social complexity. Such is indeed one of the absolute future priorities in health management worldwide.

**TOPICS**

**Social and economic aspects in psychosomatic medicine and C-L psychiatry**
- Cost-effectiveness of mental health treatments in somatic disorders
- Optimization of resources for mental health care in medically ill patients
- Impact of social issues on clinical practice in consultation-liaison psychiatry
- Stigma in physical and mental health
- Towards an operationalized bio-psycho-social approach to care in person-centred medicine
- Prevention of mental disorders in a bio-psycho-social paradigm
- Health management
- Cross-cultural mental and physical care of patients
- Immigration, physical and mental health
- Gender aspects in psychosomatic medicine
- Trauma, violence and health
- Rehabilitation at home and in the workplace

**Basic psychosomatic science**
- Stress, immune function, and physical disease
- Diagnostics and neuroimaging
- Neurobiology/genetics
- Inflammation as a link between psychiatric and medical disorders
- Illness perceptions and health anxiety
- The role of attachment and emotion regulation in mental diseases

**Mental health problems in somatic settings and primary care**
- Resilience and coping strategies in somatic disorders
- Bodily distress and somatic symptom disorder
- Anxiety, PTSD and depression in medically ill patients
- Somatoform disorders and medically unexplained symptoms
- Sleep disorders
- Eating disorders, body image disturbances
- Deliberate self-harm/suicide
- Neuropsychiatry
- Addiction disorder in the General Hospital

**Psychosomatic aspects and C-L in different clinical fields**
- C-L in primary care and the emergency room
- Chronic pain
- Psycho-oncology
- Organ transplantation
- Psychosomatics in cardiology
- Psycho-dermatology
- Brain-gut axis and psychosomatics in gastroenterology
- Psychosomatics in the elderly population
- Psychosocial aspects of palliative care
- Child & adolescent C-L Psychiatry
- Preventive and lifestyle medicine
- Non-invasive and invasive obesity interventions
- Psychosexual Medicine
- HIV/AIDS Psychiatry
- Perinatal Psychiatry/Psychosomatics in obstetrics and gynaecology
- Physical health in severe mental disorders

**Interventions in C-L psychiatry and Psychosomatic Medicine**
- Models of integrated and collaborative care
- Psychological treatments with the medically ill
- Psychopharmacology in medically ill patients
- Stress management/Mindfulness training
- Trauma focused psychotherapy
- Recovery oriented assessment and intervention

**Training in C-L psychiatry and Psychosomatic medicine**
- Communication skills-training for healthcare professionals
- Under-and postgraduate training in C-L psychiatry and 2. psychosomatic medicine
- C-L psychiatry and psychosomatic medicine around the world

**Special topics in C-L psychiatry and Psychosomatic Medicine**
- New technologies and applications
- Legal issues and bioethics
- Case Reports
- Other
PRESIDENT OF EAPM

Wolfgang Söllner, Paracelsus Medical University of Nuremberg (Germany)

PRESIDENT OF EAPM 2018 CONFERENCE

Mirella Ruggeri, Section of Psychiatry, University of Verona and Verona Hospital Trust

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INTERNATIONAL SCIENTIFIC COMMITTEE


NATIONAL SCIENTIFIC COMMITTEE

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LOCAL ORGANIZING COMMITTEE

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INNOVATIVE AND INTEGRATED APPROACHES TO PROMOTE MENTAL AND PHYSICAL HEALTH

6TH ANNUAL SCIENTIFIC CONFERENCE OF THE EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE · EAPM ·
### HIGHLIGHTS OF THE SCIENTIFIC PRELIMINARY PROGRAM

#### Wednesday 27 June

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>8:00 - 9:00</td>
<td>Preconference and Master Classes registration</td>
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<tr>
<td>9:00 - 15:00</td>
<td>Preconference on Psycho-Oncology joint with the Canadian Academy of Psycho-Somatic Medicine, International Psycho-Oncology Society (IPOS) and WPA - World Psycho-Section on Oncology and Palliative Care: CHALLENGES AND OPPORTUNITIES IN PSYCHO-ONCOLOGY: SCREENING, ASSESSMENT AND TREATMENT IN CLINICAL CARE</td>
</tr>
<tr>
<td>9:00 - 10:30</td>
<td><strong>Session 1</strong>&lt;br&gt;Luigi Grassi (Ferrara, Italy)&lt;br&gt;Alan Bates (Vancouver, Canada)</td>
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<tr>
<td>10:30 - 11:00</td>
<td>Coffee Break</td>
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<tr>
<td>11:00 - 12:30</td>
<td><strong>Session 2</strong>&lt;br&gt;Michael Sharpe, Jane Walker (Oxford, UK)&lt;br&gt;Anja Mehnert (Leipzig, Germany)</td>
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<tr>
<td>12:30 - 13:30</td>
<td>Lunch Break</td>
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<tr>
<td>13:30 - 15:00</td>
<td><strong>Session 3</strong>&lt;br&gt;Darius Razavi (Bruxelles, Belgium)&lt;br&gt;Gary Rodin (Toronto, Canada)&lt;br&gt;Discussant: Franziska Geiser (Bonn, Germany)</td>
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<tr>
<td>15:00 - 15:15</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>15:15 - 17:30</td>
<td>CARUS MASTER CLASS:&lt;br&gt;Trauma-informed care interventions&lt;br&gt;Catherine Classen (San Francisco, USA)</td>
</tr>
<tr>
<td>15:15 - 17:30</td>
<td>CARUS MASTER CLASS:&lt;br&gt;Group interventions for staff&lt;br&gt;Molyn Leszcz (Toronto, Canada)</td>
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<tr>
<td>16:00 - 18:30</td>
<td>EAPM Executive Council Meeting</td>
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<tr>
<td>19:15</td>
<td>Special Lecture at Santa Marta University Building&lt;br&gt;21st century psychiatry: acknowledging complexity while avoiding defeatism&lt;br&gt;Mario Maj (Napoli, Italy)</td>
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<tr>
<td>20:00</td>
<td>Welcome Cocktail at Santa Marta University Building</td>
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#### Thursday 28 June

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:00 - 8:30</td>
<td>Conference and Master Classes registration</td>
</tr>
<tr>
<td>8:30 - 10:45</td>
<td>CARUS RESEARCH MASTER CLASS:&lt;br&gt;Research methods and targets of psychosomatic research&lt;br&gt;Giovanni Fava (Bologna, Italy)</td>
</tr>
<tr>
<td>8:30 - 10:45</td>
<td>CARUS MASTER CLASS:&lt;br&gt;Physical and mental health in Chronic illness&lt;br&gt;Graham Thornicroft (London, UK)</td>
</tr>
<tr>
<td>8:30 - 10:45</td>
<td>ALISON CREED AWARD MASTER CLASS:&lt;br&gt;Conducting randomized, controlled intervention trials in Psychosomatic Medicine&lt;br&gt;Arthur J. Barsky (Boston, USA)</td>
</tr>
<tr>
<td>10:45 - 11:00</td>
<td>Coffee Break</td>
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</tbody>
</table>
11:00 - 11:30 Opening Ceremony

PLENARY LECTURES - Session 1:
11:30 - 12:15 The economic impact of mental health care
    David Mc Daid (London, UK)
12:15 - 13:00 The future of the bio-psycho-social model in the age of systems medicine
    Peter Henningsen (Munich, Germany)

13:00 - 14:00 Lunch break

14:00 - 15:30 Scientific Symposia/Workshops/Oral presentations - Session 1
15:30 - 15:45 Coffee break
15:45 - 16:15 1 minute Best Poster Presentation
16:15 - 17:15 Poster Session 1 at San Francesco Cloister - Polo Zanotto
17:15 - 18:45 EURONET-SOMA PLENARY PANEL DISCUSSION:
    Developments in diagnosis and understanding of Persistent Somatic Symptoms – DSM-5, ICD-11 and beyond
    Chairs: Bernd Löwe (Hamburg, Germany), Chris Burton (Sheffield, UK)
    The relevance of somatic symptoms for the future diagnosis of SSD, somatoform disorders, BDS, etc.
    Per Fink (Aarhus, Denmark)
    What we can learn for our future understanding from our experience with DSM-5 somatic symptom and related disorders?
    Winfried Rief (Marburg, Germany)
    What’s in the “Psycho-bundle”?
    Anne Toussaint (Hamburg, Germany)
    A unifying concept: functional somatic and associated disorders
    Peter Henningsen (Munich, Germany)

18:45 - 19:15 Special Interest Group - Session 1
18:00 - 20:00 EAPM General Assembly

Friday 29 June

8:00 - 8:30 Conference and Master Classes registration
8:00 - 9:15 Special Interest Group - Session 2
9:15 - 10:30 Scientific Symposia/Workshops/Oral presentations - Session 2
10:30 - 11:00 Coffee break

PLENARY LECTURES - Session 2:
11:00 - 11:45 The clinical role of psychosomatic medicine
    Giovanni Fava (Bologna, Italy)
11:45 - 12:30 Chronic illness – physical and mental health
    Graham Thornicroft (London, UK)
12:30 - 13:30 Lunch break

PLENARY LECTURES - Session 3:
13:30 - 14:15 Trauma-informed care. An antidote to trauma
    Catherine Classen (San Francisco, USA)
14:15 - 15:00 Group interventions to support health care providers
    Molyn Leszcz (Toronto, Canada)
15:00 - 15:30 Coffee break
15:30 - 16:00  1 minute Best Poster Presentation
16:00 - 17:00  Poster Session 2 at San Francesco Cloister - Polo Zanotto
17:00 - 19:00  Scientific Symposia/Workshops/Oral presentations - Session 3
20:00  Gala Dinner at Giardino Giusti

Saturday 30 June

8:00 - 8:30  Conference and Master Classes registration
8:00 - 9:00  Special Interest Group - Session 3
9:00 - 10:30  Scientific Symposia/Workshops/Oral presentations - Session 4
10:30 - 11:00  Coffee break
11:00 - 11:45  PLENARY LECTURES - Session 4:
   Somatization: A Construct in Need of Reexamination
   Arthur J. Barsky (Boston, USA) - Alison Creed Award Winner
11:45 - 12:30  Thirty years of CLP in Italy
   Marco Rigatelli (Modena, Italy) - Frits Huyse Award Winner
12:30 - 13:00  Yet to be chosen
   Young researcher Award Winner
13:00 - 13:30  Closing Ceremony

AWARDS

EAPM Travel Award
The EAPM offers 10 travel awards to younger researchers. An award including the amount of € 300,00, a year of EAPM membership and the registration fee to the conference of that respected year will be presented to younger researchers who submit an abstract to the conference. Deadline for the Travel Awards submission: April 15, 2018

Elsevier Young Investigator Award
The EAPM young investigator award, sponsored by Elsevier. Under the auspices of the European Association of Psychosomatic Medicine (EAPM), Elsevier has established a scientific award for young investigators in field of psychosomatic medicine, consultation-liaison psychiatry and integrated care.

CALL FOR ABSTRACTS FOR YOUNG RESEARCHERS SCIENCE SLAM

On behalf of the EAPM Special Interest Group “Young Researchers”, we invite young researchers (students, residents, PhD students, and Post Docs) to submit their scientific work for our Young Researchers Science Slam. The Young Researchers Science Slam will give young researchers the opportunity to present their research in a brief, more informal, passionate, and catchy way. It will be your chance to convince a broad audience why your research matters and why we should all care about it. Submission deadline is February 15, 2018.

For more information about Awards and SLAM please visit the website www.eapmverona2018.com
REGISTRATION

Registration for the Conference is accessible online [here](#).
After registration please remember to send a copy of your payment to the Organizing Secretariat (alessandra@cogest.info). No registration will be considered if it does not come accompanied by the corresponding payment.

Payment details are available on [here](#).

PASSPORTS & VISA

All visitors entering Italy must have a valid passport or an identity card for European citizens. Citizens of some countries will be required an entrance visa. If you need an official letter for your visa, please contact the Organizing Secretariat (alessandra@cogest.info).

REGISTRATION FEES (VAT included)

Registration fees are expressed in EURO.

MASTER CLASSES (reserved up to 30 participants for each Master Class)

<table>
<thead>
<tr>
<th>Category</th>
<th>EARLY REGISTRATION before April 15, 2018</th>
<th>LATE REGISTRATION after April 15, 2018</th>
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<tr>
<td>Regular fee</td>
<td>€ 70</td>
<td>€ 80</td>
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<tr>
<td>Members of EAPM and ACLP (*)</td>
<td>€ 50</td>
<td>€ 60</td>
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<td>Young researchers &lt; 40</td>
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PRE-CONFERENCE

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<th>LATE REGISTRATION after April 15, 2018</th>
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<tr>
<td>Members of EAPM (*)</td>
<td>€ 120</td>
<td>€ 145</td>
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<tr>
<td>Non Members of EAPM (*)</td>
<td>€ 160</td>
<td>€ 185</td>
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<tr>
<td>Members of National Organisations associated with EAPM</td>
<td>€ 140</td>
<td>€ 165</td>
</tr>
<tr>
<td>Member of ACLP</td>
<td>€ 120</td>
<td>€ 145</td>
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MAIN CONFERENCE

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<tr>
<th>Category</th>
<th>EARLY REGISTRATION before April 15, 2018</th>
<th>LATE REGISTRATION after April 15, 2018</th>
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<tbody>
<tr>
<td>Members of EAPM (*)</td>
<td>€ 330</td>
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<tr>
<td>Non Members of EAPM (*)</td>
<td>€ 400</td>
<td>€ 450</td>
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<tr>
<td>Members of National Organisations associated with EAPM</td>
<td>€ 370</td>
<td>€ 420</td>
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<tr>
<td>Member of ACLP</td>
<td>€ 330</td>
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<tr>
<td>Low income countries (**)</td>
<td>€ 330</td>
<td>€ 380</td>
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<tr>
<td>Students</td>
<td>€ 300</td>
<td>€ 350</td>
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<tr>
<td>One day ticket (Thursday and Friday only)</td>
<td>-</td>
<td>€ 150</td>
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<tr>
<td>One day ticket (Saturday only)</td>
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<td>€ 100</td>
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<tr>
<td>Social Dinner tickets (Palazzo Giusti del Giardino)</td>
<td>€ 70</td>
<td>€ 70</td>
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(*) Registration includes: Conference material, coffee breaks, lunches, welcome cocktail 27 June 2018 (Santa Marta Building)

(**) For Low income countries list check the EAPM 2018 website
### Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>January 31, 2018</strong></td>
<td><strong>February 16, 2018</strong> NEW DEADLINE FOR ABSTRACT SUBMISSIONS!</td>
</tr>
<tr>
<td>March 15, 2018</td>
<td>Deadline for communication to the presenters of abstract acceptance</td>
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<tr>
<td>April 15, 2018</td>
<td>End of early bird registration</td>
</tr>
</tbody>
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### Organizing Secretariat

COGEST M. & C. srl  
Vicolo San Silvestro 6, 37122 Verona (Italy)  
Ph: +39 045 597940 · Fax: +39 045 597265 · Email: cogest@cogest.info · www.cogest.info

### Venue

Polo Zanotto - University of Verona · Viale dell'Università, 4 - Verona (Italy)

### Accommodation

An allotment of hotel rooms has been prebooked for the Verona Eapm 2018 Conference.  
Here is the link where you can book the hotel room according to your requirements:

**ITALIANO**  
**ENGLISH**

Please note that, although the Conference is going to be held during the Arena Opera season, there is a good availability of hotel and B&B rooms in Verona, either in the city centre or outside Verona.  
Please also consider that most of the hotels don’t have the real room availability yet online for Summer 2018.  
If you wish to use other booking reservation portals please note that they tendentially do not give availability many months in advance. There is also a large variety of unique and homely B&Bs in Verona. Please see the Bed & Breakfast Association of Verona website [www.veronabedandbreakfast.it](http://www.veronabedandbreakfast.it)  
For more information about hotel accommodation visit the EAPM 2018 Conference website.

### CME Credits

The Accreditation of EAPM 2018 Conference by the EACCME® will be requested.

### Patronage Requested To:

- International College of Psychosomatic Medicine  
- Società Italiana di Medicina Psicosomatica  
- Gruppo per la Ricerca in Psicosomatica  
- Italian Ministry of Education, Universities and Research  
- Italian Ministry of Health  
- Veneto Region  
- Comune di Verona  
- Ordine dei Medici e Chirurghi di Verona

Conference updates on the website [www.eapmverona2018.com](http://www.eapmverona2018.com)