Objectives

The aim of this course is to provide the students with theoretical and practical knowledge on the following items:
- Applied human anatomy with special reference to surface and palpatory anatomy
- Anthropometric measures

Programme

Surface and topographic anatomy:
detection of bony landmarks
detection of origin and insertion of skeletal muscles
manual functional evaluation of skeletal muscles
detection of selected nerve and vessel landmarks

Anthropometry
anthropometry instrumentation and main anthropometric measurements
execution of anthropometry with anthropometer
execution of skinfold thickness measurement

Exam
Multiple choice questions

Teaching material
Slides of classroom presentations

Further reading
S. Tixa  Atlante di anatomia palpatoria. 2 voll Masson, 2000
Lumley  Anatomia di superficie. CEA, 2004